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# MIPD 19



4<sup>th</sup>  
Marbella  
International  
Plastic  
Surgery  
SummerSchool

21  
CME  
POINTS





# MIPSS 19



## K. O. Kaye\_MD\_FEBOPRAS



After now already 3 successful editions, we are again looking forward to sharing knowledge with our colleagues from all over the world again. MIPSS has developed into an renown international event where Plastic Surgeons from all over the world share their honest experiences, discuss pearls and pitfalls of new techniques and contribute selected presentations within their field of expertise.

The 2018 edition was our biggest meeting so far and more than 145 attendees from all over the world coming to Marbella ensured us that our concept is very well received.

The meeting consists of two and a half-days of live-surgeries and in depth presentations in 7 scientific panels, allowing and specifically aiming for a direct and on-going exchange between faculty and attendees. To ensure the workshop character of the meeting allowing for exchange and discussion, places are limited to 150 participants. This year's scientific program will again boast an impressive array of internationally recognized speakers covering a wide range of Plastic, Aesthetic and Transgender Surgery procedures as well as a non-surgical treatments, practice management, optimization and marketing.

2 mornings of Live Surgery performed by recognized experts and ISAPS Faculty members will show you new approaches and individual tricks for better surgical outcomes. For the second time there will be a panel on advanced injectable / non-surgical treatments and for the first time we will have an hands-on workshop on Saturday for advanced injectable training. Places for this workshop are limited to 12 participants and need to be registered separately.

The scientific sessions will take place at the H10 Andalucia Plaza Hotel. Situated conveniently in the pulsating lifestyle heart of the sun soaked "Costa del Sol", and in walking distance to the famous yacht harbor Puerto Banús, the congress venue sets a great background to explore the surroundings and for our social program. Take a stroll through the picturesque old town of Marbella, try some typical "tapas" with Spanish wine, visit a Flamenco session, spend some time in the famous beach clubs of Puerto Bánus and open all your senses to the feel of Mediterranean summer in Andalucia.... The pristine Mediterranean Sea, the excellent weather at that time of the year and the vibrant nightlife that characterize Marbella allow us to create a fantastic social program where all participants can network and enjoy together with their international peers.

My team and I are welcoming you in June for MIPSS 2019!



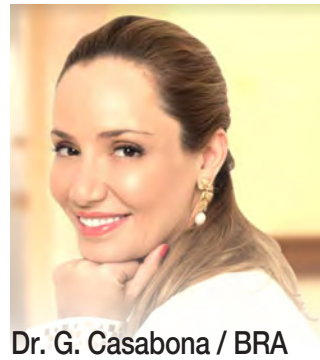
# SCIENTIFIC COMMITTEE



Dr. K. O. Kaye / ESP



Dr. J. Benito Ruiz / ESP



Dr. G. Casabona / BRA



Dr. F. Paprottka / ESP

## LIVE SURGEONS

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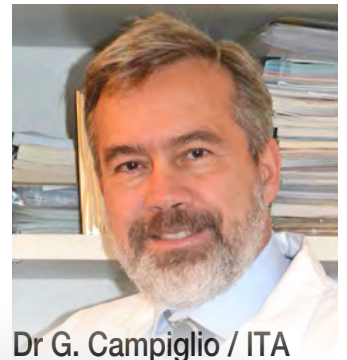
Dr. R. Fakin / SUI



Dr. J. Yousif / USA

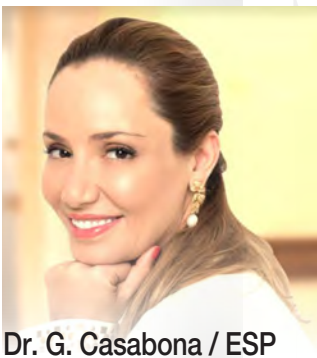


Dr. V. Lukowicz / GER



Dr. G. Campiglio / ITA

## HANDS-ON INJECTABLES WORKSHOP



Dr. G. Casabona / ESP



Dr. Allan A. Allan / GER



Dr. L. Capitán / ESP



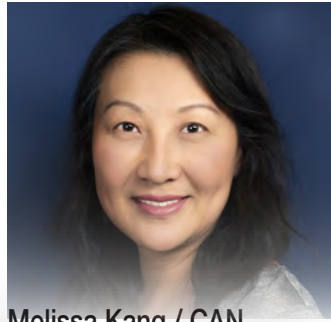
Dr. O. Fleischer / GER



Dr. Juan Fontdevila / ESP



Dr. S. Kästner / GER



Melissa Kang / CAN



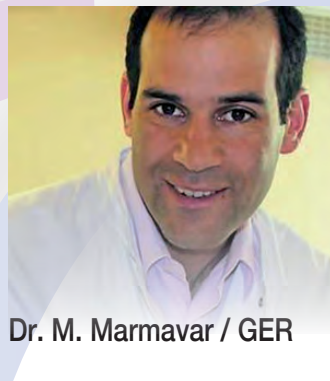
Dr. Vakis Kontoes / GRE



Dr. Marisa Manzano / ESP



Dr. A. Marando / UK



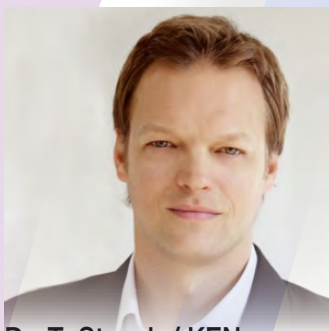
Dr. M. Marmavar / GER



Dr. Brianda Hurtado de Mendoza / ESP



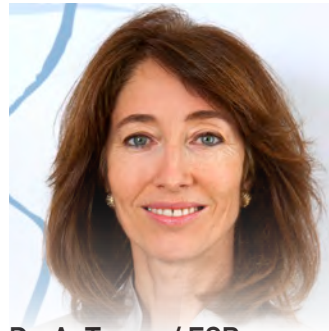
Dr. Nina Schwaiger / GER



Dr. T. Stasch / KEN



Dr. T. Tiryaki / TUR-UK



Dr. A. Torres / ESP



Dr. I. Van Heijningen / BEL



08:30\_9:00 Registration @ Hotel H 10 Andalucía Plaza

09:00 Opening and Welcome

**1. Live Surgery Session**

- Moderators: K. Kaye, ESP / N. Schwaiger, GER

09:15 **Live Surgery 1 - Make your necklifts last longer - The hyoid lift approach**  
Surgeon: J. Yousif, USA / Assistant: F. Paprottka, ESP

10:30 **Live Surgery 2 - Demystifying Rhinoplasty** - a simplified closed approach for beginners  
Surgeon: G. Campiglio, ITA / Assistant: R. Fakin, SUI

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13:00\_13:45 Lunch Break @ Hotel H 10 Andalucía Plaza - Opening of afternoon sessions

13:45\_15:30 **Session 1 - Facelift and Facial Rejuvenation**

*15 min each presentation, 15 min panel discussion*

Chair: J. Yousif, USA / M. Manzano, ESP

1. Addressing the lower third – Surgical options for the neck \_ J. Yousif, USA
2. Handling the SMAS successfully – current concepts \_ V. Kontoes, GRE
3. Midfacelift - Technique and Indications \_ N. Schwaiger, GER
4. Mastering the jawline – modulation of the manibule in rejuvenation of the lower face \_ K. Kaye, ESP
5. Transcutaneous Suspension suture lift \_ T. Tiryaki, TUR/UK
6. Structural Fat Grafting for facial rejuvenation \_ A. Torres, ESP





15:30\_15:45 **Coffee Break**

15:45\_17:45 **Session 2 - Eyelids, Periorbital and Forehead**

*15 min each presentation, 15 min panel discussion*

**Chair: N. Schwaiger GER / I. v. Heijningen BEL**

1. Periorbital Anatomy and Ageing \_ **I. v. Heijningen, BEL**
2. Periorbital rejuvenation techniques \_ **V. Kontoes, GRE**
3. The difficult lower eyelid – pearls and pitfalls \_ **N. Schwaiger, GER**
4. Ptosis correction after blepharoplasty \_ **A. Allan**
5. Malar festoons – Surgical options \_ **B. Hurtado de Mendoza, ESP**
6. Direct excision brow lift vs. Temporal lift \_ **K. Kaye, ESP**
7. Facial Feminization Surgery \_ **L. Capitán, ESP**

17:45\_19:30 **Session 3 - Non surgical facial rejuvenation**

**Chair: G. Casabona, ESP / B. Hurtado de Mendoza, ESP**

1. Why you should integrate non invasive treatment concepts in your plastic surgery practice \_ **I. v. Heijningen, BEL**
2. Stem cell enriched fat injections in facial rejuvenation \_ **T. Tiryaki, TUR**
3. Extending and maintaining your surgical results with non- invasive treatments \_ **G. Casabona, ESP**
4. TBC \_ **G. Casabona, ESP**
5. Combining lasers with non invasive treatments for facial rejuvenation \_ **V. Kontoes, GRE**
6. Update on Safety in fillers and toxins \_ **M. Manzano, ESP**

19:30 - 21:00 **Welcome Cocktail and Get Together at the Terrace of H10 Andalucía Plaza**



08:30\_9:00 Registration @ Hotel H 10 Andalucía Plaza

## 2. Live Surgery Session

- Moderators: T. Tiryaki, TUR / A. Torres, ESP

09:00 **Live Surgery 1 - Better cleavage, no implants - Autoaugmentation Mastopexy**  
Surgeon: R. Fakin, SUI / Assistent: F. Paprottka, ESP

10:30 **Live Surgery 2 - Labioplasty- Optimizing shape, preserving function**  
Surgeon: D. v. Lukowicz, GER

11:30 **Live Surgery 3 - More volume, no implants - Lipofilling Breast**  
Surgeon: J. Fontdevila, ESP

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13:00\_13:45 Lunch Break @ Hotel H 10 Andalucía Plaza - Opening of afternoon sessions

## 13:45\_15:45 Session 4 \_Actual Concepts in Breast Surgery

*15 min each presentation, 15 min panel discussion*

Chair: J. Benito Ruiz, ESP / Juan Fontdevila, ESP

1. Demystifying augmentation mastopexy - Suggestions and caveats \_ T. Tiryaki, TUR
2. Breast Aug: Round/Anatomical/Polyurethane/B-lite. How to navigate the jungle of choices \_ A. Marando, UK
3. Aesthetic and Reconstructive Lipofilling of the Breast \_ J. Fontdevila, ESP
4. Large Volume Breast reduction – Pearls and Pitfalls \_ M. Mamarvar, GER
5. Strategies for the correction of breast asymmetries \_ M. Manzano, ESP
6. Composite Breast Augmentation \_ J. Benito Ruiz, ESP
7. Update on BIA - ALCL: Where are we today? \_ O. Fleischer, GER





15:45\_16:00 **Coffee Break**

16:00\_18:30 **Session 5 \_Actual concepts in Bodyshaping**

*15 min each presentation, 15 min panel discussion*

**Chair: T. Stasch KEN / G. Campiglio, ITA**

1. Male chest enhancement and Gynecomastia \_ **J. Benito Ruiz, ESP**
2. Gluteal Fat Grafting („Kenyan Butt Lift“) – Techniques, Tricks and Safety Aspects \_ **T. Stasch, KEN**
3. Bodylift – actual concepts, pearls and pitfalls \_ **N. Schwaiger, GER**
4. Mini and Hybrid-Abdominoplasty – When, what and why \_ **A. Marando, UK**
5. Gender differences in Abdominoplasty\_ **A. Allen, GER**
6. Large volume Lipoabdominoplasty – the Kenyan approach \_ **T. Stasch, KEN**
7. Post bariatric Surgery – how to minimize complications \_ **M. Manzano, ESP**
8. Basic and advanced principles in Thighplasty \_ **G. Campiglio, ITA**
- 9 Basic and advanced principles in arm reshaping \_ **G. Campiglio, ITA**

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21:00 **Get together @ Finca Besaya Bar**

21:30 **Gala Dinner @ Finca Besaya Restaurant, Dress Code : Smart Casual**

23:30 **Open end – Party Finca Besaya Terrace Club**



**09:00\_11:00 Hands-on workshop \_Injectables****Instructor: Gabriela Casabona***Places limited to 12, separate Registration needed !**Venue : Ocean Clinic Marbella***10:00\_11:30 Session 6 \_Genital Surgery***15 min each presentation, 15 min panel discussion***Chair: M. Mamarvar, GER / R. Fakin, SUI**

1. Novel procedures in aesthetic and reconstructive genital surgery \_ **R. Fakin, SUI**
2. Penis Enlargement – The new "BIG" thing? \_ **S. Kästner, ESP**
- 7 3. Labioplasty and Vulva rejuvenation – Actual concepts \_ **D. v. Lukowicz, GER**
4. Labioplasty – Complications - how to avoid and how to manage \_ **D. v. Lukowicz, GER**
5. Female to male Transgender Surgery – Techniques and tendencies for genital adaptation \_ **M. Mamarvar, GER**

**11:30\_12:00 Keynote lecture \_Looking inside yourself****A female plastic surgeons view on feminine beauty and how to create it \_ A. Torres, ESP**



**12:00\_14:30 Session 7 \_Business school and ISAPS panel***15 min each presentation, 10 min panel discussion***Chair: V. Kontoes, GRE / I. v. Heijningen, BEL**

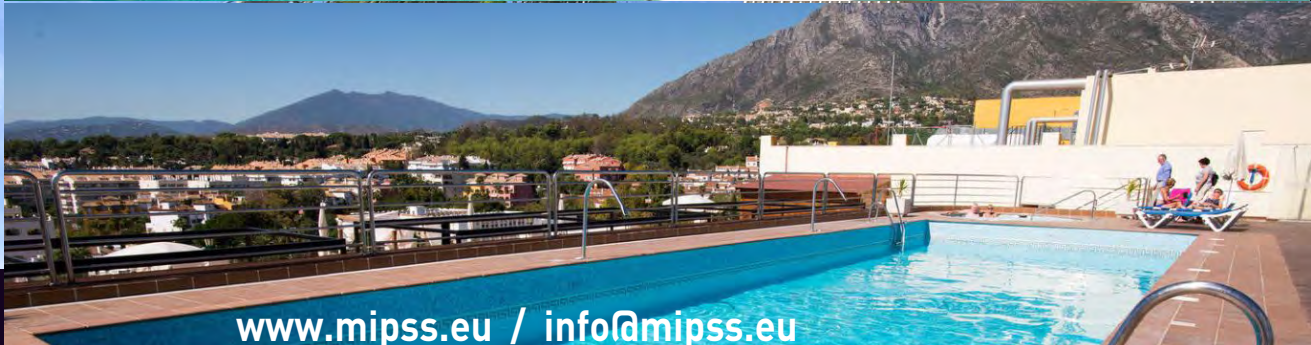
1. Becoming part of the ISAPS family \_ **V. Kontoes, GRE**
2. What can ISAPS do for your private practice \_ **I. v. Heijningen, BEL**
3. Metrics for business success\_ **M. Kang, CAN**
4. Our experience – Tips & Tricks in building up a successful private multi-speciality clinic \_ **K. Kaye, ESP**
5. What it takes to Build a High Performing Team\_ **M. Kang, CAN**
6. Our experience – Tips & Tricks in building up a successful private practice \_ **J. Benito, ESP TBC**
7. Patient reviews- Take Control\_ **M. Kang, CAN**
8. Our experience – Tips & Tricks in building up a successful private practice \_ **T. Stasch, KEN**
9. Our experience – Tips & Tricks in building up a successful private clinic \_ **I. v. Heijningen, BEL**

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**14:30 Lunch and Adjournment of the 4th MIPSS Meeting @ Hotel Andalucía Plaza****21:00 Faculty Dinner**[www.mipss.eu](http://www.mipss.eu) / [info@mipss.eu](mailto:info@mipss.eu)



# TRAVEL & ACCOMMODATION



MIPSS 19





Nearest airport is Malaga (AGP) with daily direct flights to most European capitals. Transfer from the Malaga Airport to the congress venue takes app. 45 min by bus or taxi.



All mayor car rental companies are available in the airport building for care car.



Malaga is connected to the Spanish High Speed railway system (AVE) offering multiple direct daily connections with Madrid and most other bigger cities.

**Hotel H 10 Andalucía Plaza\*\*\*\*** / Congress Venue  
Urb. Nueva Andalucía - Puerto Banús / T (34) 952 81 20 00

**Gran Hotel Guadalpin Banus\*\*\*\*\*** / On the beach front  
Calle Edgar Neville, s/n, Puerto Banús / T (34) 852 89 97 00

**Hotel El Fuerte Marbella\*\*\*\*** / Hotel on the beach front  
Calle el Fuerte / Marbella / T (34) 951 56 20 01

**Hotel Amáre Marbella\*\*\*\*** / Beach hotel for adults only  
Av. Severo Ochoa / Marbella / T (34) 951 56 20 83

**Alanda Hotel Marbella\*\*\*\*** / Situated in Marbella´s “Golden Mile”  
Av. Bldv Príncipe Alfonso de Hohenlohe / Marbella / T (34) 952 89 96 00

**Senator Banús Spa Hotel\*\*\*\*\*** / Specially for adults  
Urb. Benamara, Crta N 340 KM 168 / Puerto Banus / T (34) 902 53 35 32

SIGN UP & REGISTER



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# MIPSS 19



[www.mipss.eu](http://www.mipss.eu) / [info@mipss.eu](mailto:info@mipss.eu)





[Register here for the meeting](#) or [sign up for our mailing list here to receive updates about MIPSS 2019](#). This meeting is restricted to the 4 Core Specialties defined by the International Society of Aesthetic Plastic Surgery (ISAPS).

The 4th MIPSS Marbella International Plastic Surgery Summer School, Marbella, Spain, has applied for CME credits.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at [www.ama-assn.org/education/earn-credit-participation-international-activities](http://www.ama-assn.org/education/earn-credit-participation-international-activities).

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

#### **Congress fee:**

400€ before 28.02.2019

450€ 01.03.2019 – 31.05.2019

500€ after 01.06.2019

The congress fees incl. welcome cocktail, breakfasts, lunches and coffee breaks and congress material. Residents can apply for a discounted rate of 290€ before / 350€ after 28.02 (proof of residency needed).

**Workshop Fees (workshop hands-on and limited to 12 places, restricted strictly to physicians of the 4 ISAPS Core specialties)**

500€ before 28.02.2019

600€ after 28.02.2019

The workshop fee incl. injectables for guided hands-on injections and workshop material.

On the 21nd of June there will be the Congress Gala Dinner at the Finca Besaya Restaurant in the hills of Marbella, the price for the event is 95€/person, please register accompanying persons early as places are strictly limited. The dress code for this event is Smart Casual.

You can either pay with credit card by phone or doing a bank transfer to the following bank account:

**Bank: Bankinter**

**Reference: MIPSS 2019 - Your first and last name**

**Iban: ES08 0128 0799 3801 0000 7181**

**Swift: BKBKESMM**

**Congress Secretary:**

**Ms Vanessa Garcia / Tel. 0034 951 775 518 / [info@mipss.eu](mailto:info@mipss.eu)**

**Fax 0034 952 868 827**



# Andalucía

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Axis between Europe and Africa and meeting point of the Atlantic Ocean and the Mediterranean Sea, this region has been covered by many different cultures throughout history and prehistory.

The region of Andalusia has a surface area of 87,268 km<sup>2</sup> and represents 17.3% of Spain. It is, on its own, larger than countries like Belgium, Holland, Denmark, Austria or Switzerland.

The diversity of landscapes and geographical terrain gives rise to an array of environments that go from the heat of the Guadalquivir River valley through to luxuriant mid-mountain areas, volcanic landscapes such as the Tabernas desert, and the snow-capped peaks of Sierra Nevada.

The Guadalquivir is Andalusia's most important river and brings life to many areas in its journey across the region. In barely forty kilometres you can go from Alpine mountain landscapes to tropical areas on the shores of the Mediterranean. The coast of Andalusia stretches for almost 900 kilometres and is home to a large number of cities, towns and beaches that are a delight to visit.

Historic cities like Sevilla, Cordoba and Granada can take you back in time and show you the impact of more than 700 years of moorish influence in Andalusia, resulting in a cultural heritage very different from the rest of Spain.







# Andalucía



Malaga underwent a positive transformation as a city over the last 10 years, offering a vibrant night life in the heart of the old town, various internationally recognised museums and collections like the Picasso Museum, The Carmen Thyssen-Bornemisza Collection or the Centre Pompidou and a lively port home to many cultural events in the summer.

Only within 1 hour of drive from the buzzing atmosphere of the world famous beach resort Puerto Banús, our congress venue, you can wander miles of empty beaches on the Atlantic coast near the laid back Surfer's town Tarifa or visit Ronda and the world famous white villages of Andalusia tucked away in the breathtaking beauty of the Sierra de Ronda mountain range.

The whole ensemble represents a range of attractions for tourists that goes from impressive monuments in large towns to typical small villages, which have provided a constant source of inspiration for all kinds of artists.

Don't miss it. Andalusia loves you...





4<sup>th</sup>  
Marbella  
International  
Plastic  
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SummerSchool

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JUNE 20 to 22, 2019





