

BRUGES

BELGIUM



Programme



Biennial Meeting on  
Facial rejuvenation  
**EASAPS**

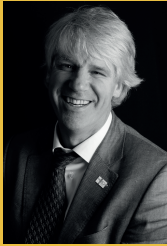
October 17-19, 2019

**1<sup>st</sup> ISAPS  
Resident and  
Fellow Congress**

October 17, 2019



## ISAPS WELCOME LETTER



ISAPS is very proud to present the 1st Resident and Fellow Congress that will be held in Bruges, Belgium the 17th October 2019.

This will be a great opportunity to learn from the experts on basic anatomy and surgical techniques. Time will also be spent on the more practical issues such as marketing and setting up a practice. Expert masterclasses will be held, focusing on areas in depth. The goal is to allow the future aesthetic plastic surgeons to mingle and mix with peers and make connections, share and compare problems and experiences with residents in training and fellows from all over the world.



The EASAPS biennial congress will be held on the 18th and 19th October and combining this with the ISAPS congress would make a three day, not to be missed event, and EASAPS will also run some parallel sessions targeting residents and fellows, as well as welcoming them to the main meeting that features a dynamic programme on facial rejuvenation.

We would be very happy to welcome you in Bruges and have you take part in this wonderful opportunity to improve your skills, create your future networks, meet experts and of course, have a lovely few days in this beautiful city.

*Course Director and EASAPS President*

*Dr Ivar van Heijningen M.D.*

*Chair ISAPS Education Council*

*Dr. Paraskevas (Vakis) Kontoes M.D., Ph.D*

06.30	Registration	
07.00	<b>Masterclass1</b> Basics in Laser Therapy <b>Masterclass2</b> Basics in Botuline Toxin Therapy <b>Masterclass3</b> Basics in Filler Therapy	Vakis Kontoes, EC Chair Ivar van Heijningen Gabriela Casabona
08.00	<b>Opening Ceremony ISAPS 1st Resident and Fellow Congress.</b> Ivar van Heijningen, course organiser and Dirk Richter, ISAPS President ISAPS Presentation Vakis Kontoes, EC Chair Welcome residents and Fellows Maria Wiedner, Residents and Fellows Chair	
	<b>Session A Practice Setup and Safety</b>	
08.20	European Standards and ISAPS Global Accreditation	Ivar van Heijningen
08.40	Finance and Insurance	Alison Thornberry
09.00	Business setup and personnel	Kai Kaye
09.20	Marketing/Dealing with competition	Per Hedén
09.40	Marketing - First steps in social media	TBD
10.00	Coffee break	
	<b>Session B Consultation skills</b>	
10.30	Consultation	Serge de Fontaine
10.50	Patient selection	Carlos Parreira
11.10	Documentation: pre-op photography, GDPR, electronic or paper files, etc	
11.30	Interactive discussion	Urs Bösch
	<b>Session C Basics in Aesthetic Surgery - Face</b>	
12.00	Non-surgical	Gabriela Casabona
12.20	Surgical	Mario Pelle Ceravolo
12.40	Facelift	Alexis Verpale
13.00	Lunch	
	<b>Session D Basics in Aesthetic Surgery - Periorbital</b>	
14.00	Lipofilling	Alex Verpaele
14.20	Upper Blepharoplasty & Brow Lift	Dirk Richter
14.40	Lower Blepharoplasty	Vakis Kontoes
	<b>Session E Basics in Aesthetic Surgery - Breast</b>	
15.00	Augmentation/Lipofilling	Susumu Takayanagi
15.20	Reduction	Moustapha Hamdi
15.40	Augmentation Mastopexy	Gianluca Campiglio
16.00	Coffee break	
	<b>Session F Basics in Aesthetic Surgery - Body</b>	
16.30	Liposuction/Lipofilling (Cave BBL)	Magnus Noah
16.50	Abdominoplasty	Maria Wiedner
17.10	Brachioplasty/Thighs	Ulf Samuelson
17.30	Non-surgical	Michel Rouif
17.50	Isaps congress closure	
19.00	Welcome Reception and get together EASAPS and ISAPS at City Hall	

12.30 - 17.30 Instructional Courses

**IC 1** Regenerative Medicine - the science behind, longevity, complications

*Jerome Stevens*

**IC 2** Facial rejuvenation

*Nigel Mercer*

**IC 3** Forehead rejuvenation

*Birgit Stark*

**IC 4** Streamlined Rhinoplasty: closed, open, super open

*Giovanni Botti*

**IC 5** Otoplasty

*Yves Bruehlmann*

**IC 6** Laser and EBD enhance the result of facial rejuvenation - scars, vascular and pigmented lesions

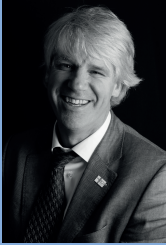
*Katharina Russe-Wilflingseder*

**IC 7** Algorithm for lower eyelid rejuvenation

*Dirk Richter*

To be defined

## EASAPS WELCOME LETTER



As EASAPS president I am honoured that the 2019 EASAPS meeting will be held in Bruges. It will be a pleasure to meet you in one of the most beautiful cities in the world, in the country that is my home. We will be able to spend a few days focusing on our speciality, but we also have the opportunity to catch up with old friends and make new connections that will allow us all to build a strong network in our speciality.

The purpose of EASAPS is to serve our member societies and European aesthetic plastic surgeons and promote the European spirit. Looking forward to meeting you all in Bruges,

*EASAPS President  
Ivar van Heijningen*



Please inform all your colleagues about the opportunity to share and compare all aspects of facial rejuvenation during this important event which is targeted to all those interested in the field of aesthetic surgery of the face. The meeting is structured to offer interesting lectures for both young surgeons and those with more experience. This is important to promote the EASAPS vision to convey and work for European education and training within our plastic surgical specialty. We would especially like to invite our younger colleagues to take part. We strongly believe that a European network strengthens our specialty in times of unclear regulation in many countries.

All invited lectures on facial plastic surgery and rejuvenation by the expert faculty members will focus on long-term results, patient safety, refinements of techniques as well as management of complications and adverse events.

According to EASAPS rules, we will also invite all member societies to submit the best presentation held at their National annual meeting to be part of the "Voice of Europe" session.

Young specialists in plastic surgery or those in the last year of residency are also invited to submit an abstract on facial plastic surgery. The best presentation of them will be awarded with a fellowship in aesthetic plastic surgery.

We hope to see you in October 2019!

*Chair of Scientific Committee EASAPS  
Birgit Stark*

07.30	Instructional courses: <b>IC 8</b> Fillers and their complications <b>IC 9</b> Surgical anatomy of the forehead, face and neck	<i>Apostolos Mandrekas</i> <i>Mario Pelle Ceravolo</i>
08.30	Welcome: President of EASAPS Ivar van Heijningen	
	<b>Session A Strategic planning of rejuvenation</b> Moderators: Per Hedén, Violeta Skorobac	
08.45	<b>Keynote lecture:</b> Maxillofacial analysis of the bony skeleton and remodelling	Ingeborg Watzke
09.15	Body dysmorphic disorders	Ulf Samuelson
09.30	Consultation skills. Analysis of the face	Carlos Parreira
09.45	Soft tissue analysis	Ivar van Heijningen
10.00	Interactive discussion	
10.15	Coffee break	
	<b>Session B Rejuvenation of the forehead and periorbital region</b> Moderators: Gianluca Campiglio, Nigel Mercer	
10.45	<b>Keynote lecture:</b> Periorbital rejuvenation: tips to success	Mario Pelle Ceravolo
11.15	Female versus male rejuvenation of the forehead and periorbital area	Per Hedén
11.30	Case presentation	Susumo Takayanagi
11.45	Case presentation	Carlos Parreira
12.15	Lunch	
	<b>Session C Open versus endoscopic forehead rejuvenation</b> Moderators: Yves Bruehlmann, Timo Pakkanen	
12.45	Case presentation	Birgit Stark
13.00	Case presentation	Michel Rouif
13.15	Debate. Pros and cons: does the temporal lift fulfill patients' expectations? Mario Pelle Ceravolo, Michel Rouif, Birgit Stark	
13.30	Interactive discussion	

## Session D Non surgical approach to the face and neck

Moderators: Carlos Parreira, Michel Rouif

13.45	<b>Keynote lecture:</b> Laser and EBD, indications, limitations, long term results	K. Russe-Wilflingseder
14.00	Indication for fat graft versus injectables in facial rejuvenation	Urs Bösch
14.15	TCA and Phenol peels	Apostolos Mandrekas
14.30	Debate: Non-surgical rejuvenation Urs Bösch, Apostolos Mandrekas, Katharina Russe-Wilflingseder	
15.15	Coffee break	
15.45	<b>Session E The Voice of EUROPE</b> Moderator: Iris Brito, Toma Mugea	
17.15	Interactive discussion	
17.30	EASAPS General Assembly	
20.00	Dinner party	

## SATURDAY OCTOBER 19, 2019

Day 2 EASAPS Biennial Meeting

07.30	Instructional courses: <b>IC 10</b> The difficult neck. Indications and solutions for the recurrent bands <b>IC 11</b> Midface rejuvenation, longevity of results, indications for choice of surgery	<i>Per Hedén</i> <i>Mario Pelle Ceravolo</i>
	<b>Session F Lower eyelid rejuvenation</b> Moderators: Kai Kaye, Mario Pelle Ceravolo	
08.30	<b>Keynote lecture:</b> Indications, pitfalls and long-term outcomes	Dirk Richter
09.00	Case presentation	Yves Bruehlmann
09.15	Case presentation	Carlos Parreira
09.30	Case presentation	Kai Kaye
09.45	Case presentation	Ulf Samuelson
10.00	Interactive discussion	
10.15	Coffee break	

## Session G Midface rejuvenation

Moderators: Beatriz Berenguer, Carlos Parreira

10.45

### Keynote lecture:

Midface procedures and attention to safety, complication and long-term results

Giovanni Botti

11.15

Case presentation

Alex Verpaele

11.30

Case presentation

Per Hedén

11.45

Case presentation

Birgit Stark

12.00

Interactive discussion

12.15

Lunch

## Session H Rejuvenation of lower face and neck

Moderators: Nigel Mercer, Magnus Noah

13.15

### Keynote lecture:

Longevity in various lower face and neck procedures

Michel Rouif

13.45

Case presentation

Timo Pakkanen

14.00

Case presentation

Violeta Skorobac

14.15

Case presentation

Susumu Takayanagi

## Session I EASAPS/EURAPS Joint session

Moderators: Timo Pakkanen, Fabio Santanelli di Pompeo

14.45

### Keynote lecture:

The rationale of aesthetics in reconstructive surgery

Fabio Santanelli di Pompeo

15.15

Expert panel discussion

Panel members: Beatriz Berenguer, Moustapha Hamdi, Nigel Mercer, Magnus Noah

Topics: Education - Media attention - Social media - Other Specialities

16.30

Meeting closure



## ISAPS/EASAPS INVITED FACULTY

Berenguer Beatriz, Spain  
Bösch Urs, Switzerland  
Botti Giovanni, Italy  
Brito Iris, Portugal  
Bruehlmann Yves, Switzerland  
Campiglio Gianluca, Italy  
Casabona Gabriela, Brasil  
De Fontaine Serge, Belgium  
Hamdi Moustapha, Belgium  
Hedén Per, Sweden  
Kaye Kai, Spain  
Kontoes Paraskevas, Greece  
Mandrekas Apostolos, Greece  
Mercer Nigel, UK  
Mugea Toma, Romania  
Noah Magnus, Germany  
Pakkanen Timo, Finland  
Parreira Carlos, Portugal  
Pelle Ceravolo Mario, Italy  
Richter Dirk, Germany  
Rouif Michel, France  
Russe-Wilflingseder Katharina, Austria  
Samuelson Ulf, Sweden  
Santanelli di Pompeo Fabio, Italy  
Skorobac Violeta, Serbia  
Stark Birgit, Sweden  
Stevens Jerome, The Netherlands  
Takayanagi Susumu, Japan  
Thornberry Alison, UK  
van Heijningen Ivar, Belgium  
Verpaele Alex, Belgium  
Watzke Ingeborg, Austria  
Wiedner Maria, Germany



## REGISTRATION FEES

### BEFORE JULY 31, 2019

ISAPS residents meeting (17/10)	€ 100,00
EASAPS expert day (17/10)	€ 210,00
EASAPS meeting for residents or nurses (18-19/10)	€ 300,00
EASAPS meeting for specialists (18-19/10)	€ 450,00
Full Package for residents (17-19/10)	€ 325,00
Full Package for specialists (17-19/10)	€ 600,00

### FROM AUGUST 1, 2019

ISAPS residents meeting (17/10)	€ 150,00
EASAPS expert day (17/10)	€ 260,00
EASAPS meeting for residents or nurses (18-19/10)	€ 350,00
EASAPS meeting for specialists (18-19/10)	€ 500,00
Full Package for residents (17-19/10)	€ 400,00
Full Package for specialists (17-19/10)	€ 700,00

### FROM OCTOBER 1 AND ON-SITE

An additional fee of Euros 100 will be applied on all the registration categories

### SOCIAL DINNER

Ticket for social dinner	€ 80,00
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No VAT applied

On-line registration system available from February 2019.

## ABSTRACT INFORMATION

Congress delegates are invited to submit abstracts of their scientific work for presentation as a free communication during the EASAPS Biennial Meeting, Facial rejuvenation (October 18-19, 2019)

**Submission deadline: 17/06/2019**

More information and online submission through [www.easaps.org/bruges](http://www.easaps.org/bruges)

# GENERAL INFORMATION

## **Date**

October 17/18/19, 2019

## **Conference venue**

Congress centre Oud Sint-Jan,

Bruges, Belgium

<https://oudsintjan.be>

## **General info**

[info@easaps.com](mailto:info@easaps.com)

## **Sponsor, abstract and registration enquiries**

[congress@easaps.org](mailto:congress@easaps.org)

EACCME credits will be requested  
for this meeting

## **Congress website**

[www.easaps.org/bruges](http://www.easaps.org/bruges)

**MZ**  
**CONGRESSI**

## **Organizing Secretariat**

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