ISAPS is very proud to present the 1st Resident and Fellow Congress that will be held in Bruges, Belgium the 17th October 2019.

This will be a great opportunity to learn from the experts on basic anatomy and surgical techniques. Time will also be spent on the more practical issues such as marketing and setting up a practice. Expert masterclasses will be held, focusing on areas in depth. The goal is to allow the future aesthetic plastic surgeons to mingle and mix with peers and make connections, share and compare problems and experiences with residents in training and fellows from all over the world.

The EASAPS biennial congress will be held on the 18th and 19th October and combining this with the ISAPS congress would make a three day, not to be missed event, and EASAPS will also run some parallel sessions targeting residents and fellows, as well as welcoming them to the main meeting that features a dynamic programme on facial rejuvenation.

We would be very happy to welcome you in Bruges and have you take part in this wonderful opportunity to improve your skills, create your future networks, meet experts and of course, have a lovely few days in this beautiful city.

Course Director and EASAPS President
Dr Ivar van Heijningen M.D.

Chair ISAPS Education Council
Dr. Paraskevas (Vakis) Kontoes M.D., Ph.D
06.30 Registration
07.00 Masterclass1 Basics in Laser Therapy Vakis K Kontoes, EC Chair
Masterclass2 Basics in Botuline Toxin Therapy Ivar van Heijningen
Masterclass3 Basics in Filler Therapy Gabriela Casabona
08.00 Opening Ceremony ISAPS 1st Resident and Fellow Congress.
Ivar van Heijningen, course organiser and Dirk Richter, ISAPS President
ISAPS Presentation Vakis K Kontoes, EC Chair
Welcome residents and Fellows Maria Wiedner, Residents and Fellows Chair

Session A Practice Setup and Safety
08.20 European Standards and ISAPS Global Accreditation Ivar van Heijningen
08.40 Finance and Insurance Alison Thornberry
09.00 Business setup and personnel Kai Kaye
09.20 Marketing/Dealing with competition Per Hedén
09.40 Marketing - First steps in social media TBD
10.00 Coffee break

Session B Consultation skills
10.30 Consultation Serge de Fontaine
10.50 Patient selection Carlos Parreira
11.10 Documentation: pre-op photography, GDPR, electronic or paper files, etc Urs Bösch
11.30 Interactive discussion

Session C Basics in Aesthetic Surgery - Face
12.00 Non-surgical Gabriela Casabona
12.20 Surgical Mario Pelle Ceravolo
12.40 Facelift Alexis Verpale
13.00 Lunch

Session D Basics in Aesthetic Surgery - Periorbital
14.00 Lipofilling Alex Verpaele
14.20 Upper Blepharoplasty & Brow Lift Dirk Richter
14.40 Lower Blepharoplasty Vakis Kontoes

Session E Basics in Aesthetic Surgery - Breast
15.00 Augmentation/Lipofilling Susumu Takayanagi
15.20 Reduction Moustapha Hamdi
15.40 Augmentation Mastopexy Gianluca Campiglio
16.00 Coffee break

Session F Basics in Aesthetic Surgery - Body
16.30 Liposuction/Lipofilling (Cave BBL) Magnus Noah
16.50 Abdominoplasty Maria Wiedner
17.10 Brachioplasty/Thighs Ulf Samuelson
17.30 Non-surgical Michel Rouif
17.50 Isaps congress closure
19.00 Welcome Reception and get together EASAPS and ISAPS at City Hall
12.30 - 17.30 Instructional Courses

**IC 1** Regenerative Medicine - the science behind, longevity, complications
Jerome Stevens

**IC 2** Facial rejuvenation
Nigel Mercer

**IC 3** Forehead rejuvenation
Birgit Stark

**IC 4** Streamlined Rhinoplasty: closed, open, super open
Giovanni Botti

**IC 5** Otoplasty
Yves Bruehlmann

**IC 6** Laser and EBD enhance the result of facial rejuvenation - scars, vascular and pigmented lesions
Katharina Russe-Wilflingseder

**IC 7** Algorithm for lower eyelid rejuvenation
Dirk Richter

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**THURSDAY OCTOBER 17, 2019**

To be defined
As EASAPS president I am honoured that the 2019 EASAPS meeting will be held in Bruges. It will be a pleasure to meet you in one of the most beautiful cities in the world, in the country that is my home. We will be able to spend a few days focusing on our speciality, but we also have the opportunity to catch up with old friends and make new connections that will allow us all to build a strong network in our speciality. The purpose of EASAPS is to serve our member societies and European aesthetic plastic surgeons and promote the European spirit.

Looking forward to meeting you all in Bruges,

EASAPS President
Ivar van Heijningen

Please inform all your colleagues about the opportunity to share and compare all aspects of facial rejuvenation during this important event which is targeted to all those interested in the field of aesthetic surgery of the face. The meeting is structured to offer interesting lectures for both young surgeons and those with more experience. This is important to promote the EASAPS vision to convey and work for European education and training within our plastic surgical specialty. We would especially like to invite our younger colleagues to take part. We strongly believe that a European network strengthens our specialty in times of unclear regulation in many countries.

All invited lectures on facial plastic surgery and rejuvenation by the expert faculty members will focus on long-term results, patient safety, refinements of techniques as well as management of complications and adverse events.

According to EASAPS rules, we will also invite all member societies to submit the best presentation held at their National annual meeting to be part of the “Voice of Europe” session. Young specialists in plastic surgery or those in the last year of residency are also invited to submit an abstract on facial plastic surgery. The best presentation of them will be awarded with a fellowship in aesthetic plastic surgery.

We hope to see you in October 2019!

Chair of Scientific Committee EASAPS
Birgit Stark
07.30  Instructional courses:
IC 8  Fillers and their complications  Apostolos Mandrekas
IC 9  Surgical anatomy of the forehead, face and neck  Mario Pelle Ceravolo

08.30  Welcome: President of EASAPS Ivar van Heijningen

Session A Strategic planning of rejuvenation
Moderators: Per Hedén, Violeta Skorobac

08.45  Keynote lecture:
Maxillofacial analysis of the bony skeleton and remodelling  Ingeborg Watzke

09.15  Body dysmorphic disorders  Ulf Samuelson
09.30  Consultation skills. Analysis of the face  Carlos Parreira
09.45  Soft tissue analysis  Ivar van Heijningen
10.00  Interactive discussion

10.15  Coffee break

Session B Rejuvenation of the forehead and periorbital region
Moderators: Gianluca Campiglio, Nigel Mercer

10.45  Keynote lecture:
Periorbital rejuvenation: tips to success  Mario Pelle Ceravolo

11.15  Female versus male rejuvenation of the forehead and periorbital area  Per Hedén
11.30  Case presentation  Susumo Takayanagi
11.45  Case presentation  Carlos Parreira

12.15  Lunch

Session C Open versus endoscopic forehead rejuvenation
Moderators: Yves Bruehlmann, Timo Pakkanen

12.45  Case presentation  Birgit Stark
13.00  Case presentation  Michel Rouif
13.15  Debate. Pros and cons: does the temporal lift fulfill patients’ expectations? Mario Pelle Ceravolo, Michel Rouif, Birgit Stark

13.30  Interactive discussion
Session D Non surgical approach to the face and neck
Moderators: Carlos Parreira, Michel Rouif

13.45
**Keynote lecture:**
Laser and EBD, indications, limitations, long term results
K. Russe-Wilflingseder

14.00
Indication for fat graft versus injectables in facial rejuvenation
Urs Bösch

14.15
TCA and Phenol peels
Apostolos Mandrekas

14.30
Debate: Non-surgical rejuvenation
Urs Bösch, Apostolos Mandrekas, Katharina Russe-Wilflingseder

15.15
Coffee break

15.45
**Session E The Voice of EUROPE**
Moderator: Iris Brito, Toma Mugea

17.15
Interactive discussion

17.30
EASAPS General Assembly

20.00
Dinner party

Saturdays October 19, 2019
Day 2 EASAPS Biennial Meeting

07.30
Instructional courses:
**IC 10** The difficult neck. Indications and solutions for the recurrent bands
Per Hedén

**IC 11** Midface rejuvenation, longevity of results, indications for choice of surgery
Mario Pelle Ceravolo

Session F Lower eyelid rejuvenation
Moderators: Kai Kaye, Mario Pelle Ceravolo

08.30
**Keynote lecture:**
Indications, pitfalls and long-term outcomes
Dirk Richter

09.00
Case presentation
Yves Bruehlmann

09.15
Case presentation
Carlos Parreira

09.30
Case presentation
Kai Kaye

09.45
Case presentation
Ulf Samuelson

10.00
Interactive discussion

10.15
Coffee break
Session G  Midface rejuvenation
Moderators: Beatriz Berenguer, Carlos Parreira

10.45  Keynote lecture:
Midface procedures and attention to safety, complication and long-term results       Giovanni Botti

11.15  Case presentation        Alex Verpaele
11.30  Case presentation        Per Hedén
11.45  Case presentation        Birgit Stark
12.00  Interactive discussion

12.15  Lunch

Session H  Rejuvenation of lower face and neck
Moderators: Nigel Mercer, Magnus Noah

13.15  Keynote lecture:
Longevity in various lower face and neck procedures       Michel Rouif

13.45  Case presentation        Timo Pakkanen
14.00  Case presentation        Violeta Skorobac
14.15  Case presentation        Susumu Takayanagi

Session I  EASAPS/EURAPS Joint session
Moderators: Timo Pakkanen, Fabio Santanelli di Pompeo

14.45  Keynote lecture:
The rationale of aesthetics in reconstructive surgery       Fabio Santanelli di Pompeo

15.15  Expert panel discussion
Panel members: Beatriz Berenguer, Moustapha Hamdi, Nigel Mercer, Magnus Noah
Topics: Education - Media attention - Social media – Other Specialities

16.30  Meeting closure
ISAPS/EASAPS INVITED FACULTY

Berenguer Beatriz, Spain
Bösch Urs, Switzerland
Botti Giovanni, Italy
Brito Iris, Portugal
Bruehlmann Yves, Switzerland
Campiglio Gianluca, Italy
Casabona Gabriela, Brasil
De Fontaine Serge, Belgium
Hamdi Moustapha, Belgium
Hedén Per, Sweden
Kaye Kai, Spain
Kontoes Paraskevas, Greece
Mandrekas Apostolos, Greece
Mercer Nigel, UK
Mugea Toma, Romania
Noah Magnus, Germany
Pakkanen Timo, Finland
Parreira Carlos, Portugal
Pelle Ceravolo Mario, Italy
Richter Dirk, Germany
Rouif Michel, France
Russe-Wilflingseder Katharina, Austria
Samuelson Ulf, Sweden
Santanelli di Pompeo Fabio, Italy
Skorobac Violeta, Serbia
Stark Birgit, Sweden
Stevens Jerome, The Netherlands
Takayanagi Susumu, Japan
Thornberry Alison, UK
van Heijningen Ivar, Belgium
Verpaele Alex, Belgium
Watzke Ingeborg, Austria
Wiedner Maria, Germany
The purpose of EASAPS is to serve our member societies and European aesthetic plastic surgeons promoting the European spirit.

We collect and share relevant information on topics such as aesthetic plastic surgery training, aesthetic education, patient safety, high ethical standards, BIA-ALCL, implant registries, plastic surgeon directories, VAT, legal issues etc...

EASAPS believes in the National Societies as the foundation for every country and will work together with them.

Plastic, reconstructive and aesthetic Surgery is one unified specialty and on European level we intend to work closely with EURAPS to represent all plastic surgeons, where it is our focus to be the representative organisation of aesthetic plastic surgeons.

ISAPS is our worldwide partner where global issues are concerned.
## REGISTRATION FEES

### BEFORE JULY 31, 2019

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<tr>
<td>EASAPS expert day (17/10)</td>
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<tr>
<td>EASAPS meeting for residents or nurses (18-19/10)</td>
<td>€ 300,00</td>
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<tr>
<td>EASAPS meeting for specialists (18-19/10)</td>
<td>€ 450,00</td>
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<tr>
<td>Full Package for residents (17-19/10)</td>
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<tr>
<td>Full Package for specialists (17-19/10)</td>
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### FROM AUGUST 1, 2019

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<tr>
<td>EASAPS meeting for specialists (18-19/10)</td>
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### FROM OCTOBER 1 AND ON-SITE

An additional fee of Euros 100 will be applied on all the registration categories.

### SOCIAL DINNER

<table>
<thead>
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<tbody>
<tr>
<td>Ticket for social dinner</td>
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No VAT applied

On-line registration system available from February 2019.

## ABSTRACT INFORMATION

Congress delegates are invited to submit abstracts of their scientific work for presentation as a free communication during the EASAPS Biennial Meeting, Facial rejuvenation (October 18-19, 2019)

**Submission deadline: 17/06/2019**

More information and online submission through [www.easaps.org/bruges](http://www.easaps.org/bruges)
GENERAL INFORMATION

Date
October 17/18/19, 2019

Conference venue
Congress centre Oud Sint-Jan,
Bruges, Belgium
https://oudsintjan.be

General info
info@easaps.com

Sponsor, abstract
and registration enquiries
congress@easaps.org

EACCME credits will be requested for this meeting

Congress website
www.easaps.org/bruges

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